# Write a two-page diary about your final task (Personal trainer front end) based on the following questions:

# • What was difficult in the final task? What was easy?

# • What helped me to learn? Was there something that made my learning more difficult?

# • How did I manage to remove obstacles to reaching my goals?

# • How much time did I spend in self-studying and completing the final task?

# • What information sources have I been using (course material, Web sites etc.)?

# • Did you use some technologies, components etc. that we haven’t covered in the course?

# Finally, discuss the following items:

# • Estimate your knowledge and skills on the subject at the end of the course.

# Do they meet your expectations? If not, why?

# • How active were your learning efforts on the course? Is there room for any improvement? Would you do something differently if you could take the

# course again? How can you improve your learning in the next programming course?

# • Have you any suggestions for improving the course?

# Other matters arising e.g. concerning the working methods?

# • How would you grade your own final task (1-5) and why?